



JENNY HOGGARTH

EXECUTIVE COACH

EXECUTIVE AND COACHING EXPERIENCE

Jenny coaches executives and high potential leaders at all levels in local and global organisations in South Africa, Africa, UK and Europe. Before starting her coaching business in 2000, Jenny held various executive leadership positions. She has won numerous sales and management awards and has served on several boards.

She currently coaches for 80% of her time. For the rest, she takes on interim executive assignments, invests in small businesses and works as a trustee for a large developmental trust. Maintaining an active involvement in business and investment ensures that she remains current and also empathetic to the challenges that her executive clients face.

She is involved in many facets of human and leadership development. Being flexible, supportive, and holding the development of others top of mind, Jenny is able to add a valuable leadership dimension to a team without needing to own it and loves working with individual leaders to help unlock their fullest potential. She has worked on many impactful projects and has been part of some extremely successful business initiatives. She has experienced much repeat business over the years within many of her client companies, which serves as a testimony to the value that they have observed for themselves and their businesses.

EDUCATION

Jenny originally studied Computer Science and Psychology at Wits University, and later completed her Masters in Professional Development (Executive Coaching) through the University of Middlesex, London and i-coach. She loves learning and she completed another post-graduate qualification in 2015 (Graduate Diploma of Ontological Coaching, Newfield Institute, Australia). She is also qualified and certified as a Neurozone practitioner (applying neuroscience in coaching), an Integrated Enneagram practitioner and a certified International Strengths Coach through Gallup, USA.

Jenny is regularly invited to supervise, lecture and mentor on coaching and business programmes. Her commitment to the professional practice of business coaching in SA is evident in the role she played in the establishment of COMENSA. (Coaches and Mentors of South Africa, a SAQA-recognised statutory professional body for coaching and mentoring in South Africa.)

COACHING EXPERIENCE

Jenny has more than 15 000 hours experience doing one to one coaching. She has coached teams and individuals in varied industry sectors at all levels of work. Specific individual, company or industry references available on request.

*Jenny's experience in business
and the development of people enables her to coach,
influence, guide and manage people with startling results.*

EXPERTISE

Executive Coaching

Leadership Development

Strengths Coaching

Enneagram Feedback

Team Coaching
And Facilitation

Shadow Support
For New Executives

Establishment Of New
Business Units

Strategic Planning


Complex Selling

Complex Negotiations

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FAVOURITE QUOTE

“Questions you cannot answer are usually far better for you than answers you cannot question.”

Yuval Noah Harari

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MY COACHING STYLE AND METHODOLOGY

“Coaching is about creating a safe, reflective space for my clients to learn to notice themselves and the world differently in order to create a more resourceful way of being. Becoming a more powerful observer leads to a developing of “fresh eyes” with which to consider existing leadership challenges as well as preparing us to take more effective action in situations that might come our way in the future.

Having studied many different theories and methods during my years as a coach, I use a combination of coaching methods and tools, depending on the specific needs of the individual. I believe that my ten years as an executive before beginning coaching and my continuing involvement in social impact business projects also provides me with deep insight as to the current world circumstances and business challenges that my clients face, so I can ask relevant and empathetic questions in service of their growth and that of the organisation.

More detail on my methods and the theories underpinning my coaching can be found on my website.

A PERSONAL NOTE

“For me, coaching is not just a career, it is an absolute privilege during which I get to share the lives and businesses of many amazing people. In this way, I continue to support my personal vision of positively impacting our world, one person at a time.

Creating a safe space for reflection and adult learning, exploring new perspectives, considering the impact of our language, body and emotions on our choices, encouraging self-authoring and the transformation of our individual and social paradigms are some of the most important factors that inform my coaching.

I am absolutely passionate about my profession and a great believer in mindfully choosing the life I live. I am a keen observer of the human race and apart from my work, love nothing more than my family, travel, dancing and reading (in that order!)”

JEN'S TOP FIVE GALLUP STRENGTHS



MAXIMISER



STRATEGIC



ACHIEVER



POSITIVITY



LEARNER